# 'Nationale-Nederlanden Jij & Vitaal' additional insurance package

Product number: 6700130
Valid from 01-01-2027 to 31-12-2027 (inclusive)

Your insurance is a aanvullende zorgverzekering and is based on 'refund' cover.
This means you are insured for:

Reimbursement for refund-based healthcare is up to 100% of:
- the statutory fixed rate or if there is no statutory fixed rate, the statutory maximum rate; or if there is no statutory maximum rate:
- the market rate applicable in the Netherlands.

In any case, we never reimburse more than the claimed rate or the maximum stated for the insured healthcare.

In order to be reimbursed for the healthcare, the terms and conditions of insurance associated with this reimbursement overview apply. This healthcare is not subject to the deductible.

| What is reimbursed | Amount reimbursed | Characteristics |
|---|---|---|
| **Alternative and psychosocial healthcare** | | |
| Alternative and psychosocial healthcare (D.7.) | Maximum 350 euros per year | • This healthcare is not subject to the deductible |
| *The reimbursement of 350 euros applies to the following healthcare combined:* | | |
| • alternative and psychosocial treatments (D.7.1.) | Maximum 50 euros per day | • This healthcare is not subject to the deductible |
| • alternative medicines (D.7.2.) | 100% | • This healthcare is not subject to the deductible |
| **Glasses, contact lenses and laser eye surgery** | | |
| Glasses, contact lenses, laser eye surgery and the statutory personal contribution under the general insurance policy (D.4.7., D.4.7.a., D.4.7.b., D.4.7.c. and D.1.4.) | Maximum 150 euros per 3 years, for all the healthcare combined | • This healthcare is not subject to the deductible |
| **Abroad** | | |
| Urgent medical care abroad (D.14.a.) | Outside the Netherlands or your country of residence 100% of the claimed rate this includes the reimbursement under your general insurance policy | • From the age of 18, there is a deductible for healthcare that is also subject to the deductible in the Netherlands |

| What is reimbursed | Amount reimbursed | Characteristics |
|---|---|---|
| Urgent oral care abroad (D.14.b.) | Maximum 275 euros per year | • This healthcare is not subject to the deductible |
| Repatriation in the event of illness (D.14.c.) | 100% | • This healthcare is not subject to the deductible |
| **Physiotherapy** | | |
| Screening prior to physiotherapy and exercise therapy (D.16.1.) | Per condition 1 session | • This healthcare is not subject to the deductible |
| Physiotherapy and exercise therapy (D.16.1.) | Maximum 10 sessions per year | • This healthcare is not subject to the deductible |
| **Hulpmiddelen** | | |
| Statutory personal contribution and/or amount above the maximum reimbursement under the general insurance policy for medical aids (D.4.1.) | Maximum 250 euros per year | • This healthcare is not subject to the deductible |
| **Informal care** | | |
| Carer course (D.24.1.) | Maximum 150 euros once per insured person | • This healthcare is not subject to the deductible |
| Carer relief (D.24.2.b.) | Maximum 1.000 euros per year | • This healthcare is not subject to the deductible |
| Informal care broker (D.24.3.) | Maximum 7 hours once per insured person | • This healthcare is not subject to the deductible |
| **Oral care** | | |
| Crown, bridge, inlay (R code), partial denture, statutory personal contribution for dentures, implant (P code or J code), check-ups and other oral care (D.8.2., D.8.3.a., D.8.3.b., D.8.3.c. and D.8.4.) | Maximum 350 euros per year, for all the healthcare combined | • This healthcare is not subject to the deductible<br>• From 18 year(s) |
| Oral care in the event of an accident (D.8.6.) | Maximum 20.000 euros per accident | • This healthcare is not subject to the deductible |
| **Prevention** | | |
| Flu jab (D.2.2.i.) | Maximum 1 time(s) per year | • This healthcare is not subject to the deductible |
| Vitality budget (D.2.2.p., D.2.5.a., D.2.5.b., D.2.5.c., D.2.7. and D.22.2.) | Maximum 500 euros per year | • This healthcare is not subject to the deductible |
| *The reimbursement of 500 euros applies to the following healthcare combined:* | | |
| • vitality/lifestyle coaching (D.2.2.p.) | Maximum 250 euros | |

| What is reimbursed | Amount reimbursed | Characteristics |
|---|---|---|
| ● consultation related to or aimed at the menopause or PMS (D.2.5.a.) | 100% | ● This healthcare is not subject to the deductible |
| ● consultation related to or aimed at cancer/breast cancer (D.2.5.b.) | 100% | ● This healthcare is not subject to the deductible |
| ● eHealth programme aimed at the menopause or PMS (D.2.5.c.) | 100% | ● This healthcare is not subject to the deductible |
| ● dietary advice consists of advice and support for weight control (D.2.7.) | 100% | ● This healthcare is not subject to the deductible |
| ● exercise programme aimed at influencing and activating exercise behaviour and an active and healthy lifestyle (D.22.2.) | 100% | ● This healthcare is not subject to the deductible |
| Niped mental health questionnaire (D.2.2.b.) | Maximum 1 time(s) per year | ● This healthcare is not subject to the deductible |
| Niped menopause questionnaire (D.2.2.b.) | Maximum 1 time(s) per year | ● This healthcare is not subject to the deductible |
| Sports medicine-related advice (D.2.6.) | Maximum 150 euros per year | ● This healthcare is not subject to the deductible |
| Online ‘First aid for sports injuries’ course (D.2.8.) | Maximum 1 course per year | ● This healthcare is not subject to the deductible |
| Health programme without coach (eHealth) (D.2.13.a.) | Maximum 1 times per year | ● This healthcare is not subject to the deductible |
| Health programme with coach (online intervention) (D.2.13.b.) | Maximum 1 times per year | ● This healthcare is not subject to the deductible |