

# Checklist: Insight into your pension? Start here

Do you want to get started with your pension, but don't know where or how to begin? Don't worry. This checklist helps you move from insight to action in five clear steps. This way, you gain control over your financial future and can make choices with confidence.



## ✓ Step 1

Watch [this video](#) to see how the pension system in the Netherlands works  
(estimated time: 1 minute)

## ✓ Step 2

**Check how much pension you have built up so far** (estimated time: 15 minutes)

On [mijnpensioenoverzicht.nl](https://mijnpensioenoverzicht.nl) you can see where you have built up pension so far in the Netherlands and how much it approximately is. Log in with your DigiD and fill in a few details. In a few clicks you can check all your pensions.

## ✓ Step 3

**Are you a customer of Nationale-Nederlanden? Then go to [mijn.nn](https://mijn.nn.nl)**

(estimated time: 15 minutes)

On your personal pension page, you will find all your pensions with Nationale-Nederlanden in one place. You can also add other pensions here. That way, you have everything together.

## ✓ Step 4

**What do you want to do later?** (estimated time: 15 minutes)

Try to imagine what your future life will look like. Do you want to make long trips? Or do you prefer to work longer? List your future goals and link them to your income and expenses. Then you will have an idea of how much money you will need later in life when you retire.

## ✓ Step 5

**Check if your pension meets your expectations** (estimated time: 20 minutes)

You can still make choices. Consider additional pension savings or investing. What is best for you depends on your personal situation. But the sooner you take action, the better!

Has something changed in your life?  
Then go back to step 2 and start again!

### Personal advice

A financial advisor can help you make the right choices. Enter your postal code and [find a financial advisor near you](#).



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